



The **Prime Times NEWSLETTER**

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Empowering Minds

PMC Hosts Maiden International UMR Conference 2025

Peshawar, April 23, 2025 — The 18th International Undergraduate Medical Research (UMR) Conference 2025 successfully concluded at Peshawar Medical College under the theme “United for Health: Research, Policy and Practice.” The two-day academic event brought together undergraduate researchers from across Pakistan and countries including Turkey, Somalia, Bangladesh, and Saudi Arabia, who presented their valuable research work.



The inaugural session was graced by Prof. Dr. Anis Ahmad (Vice Chancellor, Riphah International University, Islamabad) as Chief Guest. Other distinguished speakers included Prof. Dr. Zulfiqar A. Bhutta (Global Health Expert), Prof. Dr. Junaid Sarfaraz (Medical Educationist), Prof. Dr. Najib Ul Haq (Patron, PRIME Foundation), and Prof. Dr. Hafeezur Rahman (Dean, PMC).



The closing ceremony featured Capt. (R) Kamran Afridi (Secretary, Higher Education Department, Khyber Pakhtunkhwa) as Chief Guest. Also in attendance were Prof. Dr. Zafar Mirza (Shifa Tameer-e-Millat University), Dr. Nasir Shah (Director General, HEC), Prof. Dr. Zahoor A. Swati (Director, Riphah Peshawar Campus), Dr. Hala Rajab (Director, UMR), and Hamza Farooq (President, UMR Society).

Students actively participated in various skill-building activities and secured top positions in multiple competitions.

1st Position Winners

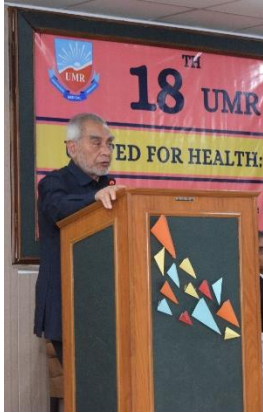
Research Poster Competitions

Basic and Clinical Sciences: M. Abdullah Ali – Khyber Medical College

Medical Education: Ahmad – Khyber Medical College

Public Health and Social Sciences: M. Danial – Peshawar Medical College





Mental Health and Behavioral Sciences: Aqib – Khyber Medical College

Dental Sciences: Maleeha Anees – Peshawar Dental College

Research Verbal Competition

Basic and Clinical Sciences: Muhammad Aftab Alam – Khyber Medical College

Public Health and Social Sciences: Sherhyar – Nowshera Medical College

Medical Education: Zahoor
Ahmad – Northwest School of
Medicine

Research Quiz Competition

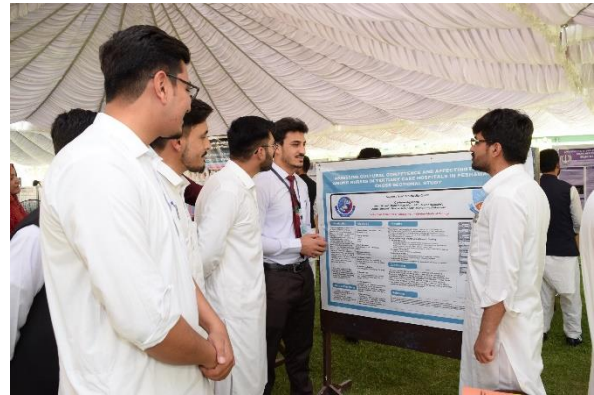
Team: Final Fighters – Peshawar Medical College

Videography Competition

Ajwa Malik – Peshawar Medical College

Research Idea Pitch Competition:

Ahmad Ali- Peshawar Medical College



PMC, PDC Welcome New MBBS and BDS Students

March 6, 2025 – A White Coat Ceremony was held at Peshawar Medical College (PMC) to warmly welcome the new batch of MBBS students and the BDS students of Peshawar Dental College (PDC). The ceremony marked a symbolic entry into the medical profession, with students donning their white coats and taking the professional oath, pledging to uphold the highest standards of ethics, compassion, and dedication in patient care. The event was graced by the Patron of Prime Foundation, Prof. Dr. Najibul Haq, along with key faculty members, students, and their proud parents. Esteemed speakers included Prof. Dr. Hafeez Ur



Rahman (Dean, PMC), Prof. Dr. Ayesha Abdullah (Vice Dean, PMC), Prof. Dr. Mohammed Aman Khan (Principal, PMC), and Prof. Dr. Mohammed Raza (Principal, PDC), who emphasized the importance of professionalism and service. Alumni members Dr. Noman Wazir, Dr. Salman Qureshi, Dr. Lalina Taj, Dr. Amna Umar, Dr. Suleiman, Dr. Nasir Bakhtyar, and Dr. Salman Malik shared their inspiring journeys.





Hand on Workshop on Bleaching technique at PDC



January 4, 2024-The Department of Oral Medicine at Peshawar Dental College organized a workshop, "Bleaching Beyond Basics," on January 4, 2024. Dr. Amir Hamza Khan, CEO of The Lounge, delivered a lecture and live patient demonstration on advanced dental bleaching techniques. Organized by Dr. Muhammad Younas, the workshop provided hands-on training and fostered interactive

discussions. Faculty, postgraduate students, house officers, and undergraduates participated actively, gaining insights into modern bleaching procedures through practical demonstrations and expert guidance. The event successfully enhanced attendees' clinical understanding and application of bleaching techniques.



PMC Organizes Workshop on Neonatal Resuscitation

February 11, 2025: Peshawar Medical College conducted a one-day workshop on Neonatal Resuscitation to equip healthcare professionals with essential skills for managing neonatal emergencies. The workshop aimed to enhance the knowledge and practical competencies of pediatricians, gynecologists, and nurses specializing in neonatal care.



A distinguished panel of facilitators led the training session, including Dr. Saima Ali, Dr. Sajjad, Dr. Ibrahim Bin Afsar, Dr. Inayat, and Dr. Samina Shams. The workshop focused on key aspects of neonatal resuscitation, reinforcing participants' skills in effectively managing neonatal distress situations. At the conclusion of the session, Prof. Dr. Mohammad Aman Khan, Principal, PMC awarded certificates to the participants and presented shields to the resource persons in recognition of their contributions.

The workshop was a resounding success, underscoring the college's commitment to excellence in medical training and patient care.



Endo- Prime Symposium 2025 Held at PTH

Peshawar, February 15 – The Gastroenterology Department of Prime Teaching Hospital organized Khyber Pakhtunkhwa's first Endoscopic Ultrasound (EUS) Symposium, featuring national and international experts. Speakers included Dr. Maaz Bin Badshah, Dr. Christopher Ball (UK), Dr. Muslim Atiq, Dr. Amjad Salamat, Dr. Muhammad Imran (PKLI), Dr. Adeel ur Rehman, and others. Chief Guest Dr. Mohammad Saleh highlighted the ethical duty of compassionate care. Organized with Prime Teaching Hospital's gastroenterology team, the event advanced EUS services in KP, promoting medical innovation and professional growth.



KTH Hosts Tumor Board Clinico-Pathological Conference

February 19, 2025: Kuwait Teaching Hospital hosted the first Clinico-Pathological Conference of the "Tumor Board KTH." The conference focused on advancements in cancer diagnosis, treatment, and multidisciplinary care.

Dr. Aakif Ullah, Director of IRNUM, graced the event as the Chief Guest. Expert speakers included Prof. Dr. Abdul Majid (HOD Radiology), who discussed the role of interventional radiology in cancer treatment, Assistant Prof. Dr. Bilal Ahmad (Oncologist), who highlighted cancer awareness initiatives, and Assistant Prof. Dr. Shaukat Khattak (Urologist), who elaborated on uro-oncological services.

Dr. Abdul Aziz Zia, Medical Superintendent of KTH, emphasized the significance of such academic discussions in enhancing patient care

and
research
in
oncology.



The conference, held at Rufaida Nursing College Auditorium, provided a platform for medical professionals to exchange knowledge and strategies for improving cancer management.



Presentation on Enhancing Primary Care through Social Prescribing at PMC



Feb 21, 2024-Peshawar Medical College (PMC) hosted a session on “Enhancing Primary Care through Social Care and Social Prescribing” by Dr. Muhammad Salman Qureshi. He emphasized social prescribing as a transformative, patient-centered model linking individuals to non-medical support to improve health and prevent re-hospitalization. The session highlighted integrating social care with healthcare to address social determinants of health. Attendees included Prof. Dr. Saeed Anwar, Prof.

Dr. Mohammad Aman Khan, Prof. Dr. Ayesha Abdullah, faculty, and students. The discussion stressed creating a sustainable healthcare model through holistic care and social support.



SOGP Pre-Conference Workshop Concludes at PMC

March 11, 2025 – The Society of Obstetricians & Gynaecologists of Pakistan (SOGP) successfully concluded its pre-conference workshop on gynecological clinical skills, held in collaboration with Peshawar Medical College (PMC). The hands-on training covered essential procedures and was led by expert faculty, including Prof. Dr. Tehniyat Ishaq, Associate Prof. Dr. Samdana Wahab, Associate Prof. Dr. Shandana Bawar, Dr. Samreen Burhan, Assistant Prof. Dr. Afra Aman, Dr. Khyber Bibi, and Dr. Nafeesa.

Prof. Dr. Mohammad Aman Khan, Principal of Peshawar Medical College, presented shields to the speakers in recognition of their valuable contributions. The workshop aimed to enhance clinical skills and promote best practices in gynecological care.



Gastroenterology Technicians' Workshop Held at PTH

April 16, 2025-As a prelude to the 41st Annual Conference of the Pakistan Society of Gastroenterology (PSG) 2025, a dedicated Gastroenterology Technicians Workshop was held at Prime Teaching Hospital, Peshawar. Organized by PSG and the Gastroenterology Unit of Peshawar Medical College, the workshop was led by Prof. Dr. Arif Amir Nawaz (USA), with Dr. Arbab Kashif as Chief Organizer. Joint organizers included Dr. Muhammad Iltaf and Dr. Jawad Khan. Esteemed faculty enriched the session, drawing active participation from gastroenterology technicians across healthcare institutions. The event offered hands-on learning and valuable insights into advanced gastroenterology practices.



Cancer Awareness Walk Held at KTH

Peshawar, February 4, 2025 – In observance of World Cancer Day, Kuwait Teaching Hospital (KTH), Peshawar, organized a cancer awareness walk to emphasize the importance of early detection, prevention and treatment of cancer.

The walk was led by Dr. Abdul Aziz Zia, Medical Superintendent (MS) of KTH, and witnessed participation from hospital staff and faculty members. The event aimed to spread awareness about the rising prevalence of cancer, its risk factors and the significance of adopting a healthy lifestyle for prevention.

Participants carried banners with messages promoting cancer awareness and early screening. Kuwait Teaching Hospital reaffirmed its dedication to supporting cancer patients and raising awareness to combat this life-threatening disease.



Pre-Conference Workshop of Interventional Radiology Society of Pakistan at KTH

Peshawar, January 24, 2025 – The Pre-Conference Workshop of the Interventional Radiology Society of Pakistan was successfully organized at Kuwait Teaching Hospital, Peshawar. The workshop provided hands-on training and in-depth discussions on the latest advancements in interventional radiology.

The session was led by Prof. Dr. Abdul Majid, Head of the Radiology Department at Peshawar Medical College (PMC) and Dr. Abdul Aziz Zia, Medical Superintendent of Kuwait Teaching Hospital (KTH)



The workshop was a significant step toward enhancing the knowledge and skills of medical professionals, enabling them to provide improved patient care through minimally invasive procedures.

Lecture on Cultural Psychiatry and Public Health Held



January 16, 2024 – Peshawar Medical College (PMC) hosted an insightful and thought-provoking lecture on “Cultural Psychiatry and Public Health,” delivered by Prof. Dr. Muhammad Irfan, Head of Psychiatry and Behavioral Sciences at PMC. The event was attended by prominent figures including Prof. Dr. Saeed Anwar, Executive Director, Prof. Dr. Mohammad Aman Khan, Principal of PMC, faculty

members, and postgraduate students. Dr. Irfan explored the profound influence of cultural norms, values, and traditions on mental health, highlighting how societal beliefs shape individual experiences. He emphasized the significance of adopting culturally sensitive approaches in mental health diagnosis, communication, and treatment, advocating for a more inclusive and empathetic healthcare system that respects diverse cultural backgrounds and promotes holistic well-being.



8th CHPE 2nd Last Contact Sessions Held at PMC

Peshawar April 29, 2025 – The Department of Health Professions Education & Research at Peshawar Medical College, Riphah International University, successfully conducted the second and last contact sessions of the 8th Certificate Course in Health Professions Education. The event featured an interactive lecture by Prof. Hafeez Ur Rahman, Dean, Peshawar Medical College, on various techniques of interactive lecturing. The session aimed to equip medical educators with innovative strategies to enhance student engagement and learning outcomes.



Prof. Abid Jamil gave a presentation at the 2nd contact session of the 8th Certificate Course in Health Professions Education at PMC on the relationship between feedback and learning, emphasizing the importance of structured guidance in academic and professional growth.



Mock Emergency Drill and Firefighting Training at PMC



March 1, 2025-Peshawar Medical College conducted a mock emergency evacuation drill and firefighting training to enhance preparedness and ensure safety.

The drill began with a siren, prompting students and staff to assemble on the college lawn, where fire extinguishing equipment was displayed. Executive Director Prof. Dr. Saeed Anwar emphasized PMC's commitment to safety, while Principal Prof. Dr. Mohammad Aman Khan highlighted the

importance of emergency preparedness. Security Director Major (Rtd.) Hassan Afridi explained security protocols for effective emergency response. Participants also received hands-on training in using fire extinguishers.

The drill reinforced emergency readiness, equipping participants with the skills and confidence to handle critical situations efficiently.



Sports Society Concludes Volleyball and Football Finals

Peshawar, February 9, 2025 – The much-anticipated finals of the Volleyball and Football Tournament, organized by the Sports Society (Boys) of Peshawar Medical College (PMC), were held at the Prime Teaching Hospital Ground, Peshawar on Sunday.

The volleyball final witnessed a thrilling contest, with the 3rd-year team emerging victorious after a hard-fought 2-1 win. In the football final, the 4th Year Blues secured a dominant 2-0 victory, claiming the championship title. Following the finals, the champions had the unique opportunity to



compete in a friendly match against the faculty, adding to the excitement of the event.

Prof. Dr. Mohammad Aman, Principal of PMC, and Prof. Dr. Mohammad Tayyab awarded cash prizes to the winners in recognition of their outstanding performances. Dean of Peshawar Medical College (PMC), Prof. Dr. Hafeez Ur Rahman, commended the initiative,

highlighting the significance of such sporting activities in fostering teamwork and a healthy lifestyle among students. He also expressed his hope for the continuation of such events in the future.



PMC Announces Faculty Promotions

January 31, 2025

Peshawar Medical College (PMC) and Peshawar Dental College (PDC), under the umbrella of Riphah International University, have announced the promotion of several esteemed faculty members across various departments.

This recognition reflects their unwavering dedication, academic excellence, and continued service to the advancement of medical and dental education. The promotions are a testament to the commitment of PMC and PDC in fostering professional growth and maintaining high academic standards. Those promoted include the following faculty members, who have demonstrated outstanding contributions in teaching, research, and clinical practice. Their achievements serve as an inspiration to peers and students alike, reinforcing the institution's mission to nurture leadership and innovation in healthcare education.

Those who were promoted include the following faculty members:

- Dr. Shamaila Wadud – Professor of Biochemistry
- Dr. Ambreen Gul – Professor of Chemical Pathology
- Dr. Zia Ullah – Professor of Pulmonology
- Dr. Noman Ullah Wazir – Professor of Anatomy
- Dr. Shamim Akhtar – Associate Professor of Obstetrics & Gynaecology
- Dr. Bilal Ahmad – Assistant Professor of Oncology
- At PDC, the promoted faculty include:
- Dr. Mehreen Imran – Professor of Sciences of Dental Materials
- Dr. Muhammad Sartaj – Professor of Prosthodontics
- Dr. Ishfaq Ahmad – Professor of Oral & Maxillofacial Surgery
- Dr. Zafar Ul Islam – Professor of Orthodontics
- Dr. Muhammad Younas – Professor of Oral Medicine
- Dr. Nasiha Mutahir – Professor of Oral Pathology
- Dr. Sana Arbab – Associate Professor of Oral Biology

Taffakur-Qur'an Sessions organized at PMC, PDC

Peshawar, March 8, 2025 – Peshawar Medical College (PMC) and Peshawar Dental College (PDC) continue their commitment to holistic education and spiritual enlightenment through the Taffakur-Qur'an sessions. Dr. Hashmat Safi, Associate Professor, elaborated on Surah Rahman, highlighting its unique rhythm and profound message. These sessions enrich students and faculty, fostering both academic excellence and spiritual growth, aligning Qur'anic teachings with their medical education.



KTH Provides Iftar & Sehri for Patients in Ramadan



March 10, 2025 – Peshawar In the spirit of compassion and community service, Kuwait Teaching Hospital (KTH), Peshawar, has launched a special initiative to provide Iftar and Sehri meals to patients and their attendants throughout the holy month of Ramadan. This meaningful gesture aims to support those fasting while undergoing treatment or caring for loved ones, offering comfort during a spiritually significant time.

The initiative is being carried out in collaboration with generous donors, dedicated volunteers, and hospital staff, all working together to ensure timely and nutritious meals are served daily. Their collective efforts embody the values of empathy, unity, and service that Ramadan encourages.

By addressing the spiritual and physical needs of its patients, KTH demonstrates a holistic approach to healthcare. The Iftar and Sehri program stands as a testament to the hospital's commitment not only to healing but also to uplifting the community it serves with dignity and compassion.

PTH Organizes Daily Sehri & Iftar for Staff

Prime Teaching Hospital, Peshawar, remains committed to supporting its staff during Ramadan by organizing daily Sehri and Iftar meals. This initiative reflects the hospital's dedication to compassion and community service, ensuring that staff members receive nourishing meals.

These efforts underscore the hospital's broader mission of providing social and emotional support to its staff during significant times.

Iftar Program at MTH for Patient Attendants

Peshawar – March 28, 2025: Mercy Teaching Hospital, Peshawar, is regularly organizing Sehri and Iftar programs for the attendants of patients, fostering a spirit of compassion, empathy, and community service during the holy month of Ramadan.



This heartwarming initiative, made possible through the support of generous donors, aims to provide comfort and nourishment to those who spend long hours at the hospital caring for their loved ones. By easing their burden, the hospital not only addresses physical needs but also promotes emotional and spiritual well-being. Through such welfare activities, Mercy Teaching Hospital continues to uphold its unwavering commitment to patient care, social responsibility, and humanitarian service, embodying the true spirit of Ramadan and its values of generosity and solidarity.

42nd and 43rd Meetings of IRB Held at PMC

February, 2025 — the 42nd meeting of the Institutional Review Board (IRB) of Prime Foundation were successfully held at Peshawar Medical College (PMC), under the chairmanship of Prof. Dr. Mohammad Irfan, Director of Research at Prime Foundation.



The meeting, attended by board members focused on the evaluation and approval of multiple research proposals. After thorough deliberations, several research projects were approved, ensuring they met the highest ethical and scientific standards.

The meeting underscored Prime Foundation's dedication to fostering responsible and impactful research through continuous ethical oversight and support.

April 17, 2025-The 43rd meeting of the Institutional Review Board (IRB) of Prime Foundation was held at Peshawar Medical College (PMC), reaffirming the Foundation's commitment to upholding the highest ethical standards in medical and health research.

Prof. Dr. Muhammad Irfan, Director of Research at Prime Foundation, chaired the meeting, which brought together IRB members from various disciplines to evaluate ongoing and proposed research projects. During the session, the Board reviewed multiple research proposals submitted by researchers.



An Afternoon with Keele-KMU PhD Scholars at PMC

January 6, 2025 – Peshawar Medical College hosted an engaging session with Keele-KMU PhD scholars and Prof. Saeed Farooq, recipient of the Global Health Professorship Award in the UK. Prof. Dr. Najibul Haq, Patron, Prime Foundation; Dr. Iftikhar, CEO, Prime Foundation; Prof. Dr. Hafeez ur Rahman, Dean, PMC and Prof. Dr. Saeed Anwar, Executive Director graced the event.



Gifts and views were shared with the visiting scholars. This gathering highlighted Peshawar Medical College's ongoing commitment to academic excellence, international engagement and advancing global health initiatives.



Prof. Dr. Mohsina Haq Successfully Defends PhD

Feb.20, 2024-Prof. Dr. Mohsina Haq successfully defended her PhD dissertation at Khyber Medical University (KMU), Peshawar. Her research, titled "Molecular Characterization of NS5A and NS5B Region of HCV Genotype 3a Patients Resistant to Sofosbuvir and Daclatasvir and Its Relation with IL28B Gene rs12979860 and rs8099917 Polymorphism," explores crucial genetic factors in HCV treatment resistance. The findings hold significant clinical implications, potentially leading to the development of more effective, personalized treatment strategies for HCV patients. This research underscores PMC's commitment to advancing scientific knowledge and improving healthcare outcomes in Pakistan.



Prizes Awarded to MBBS 1st Year Position Holders at Peshawar Medical College

January 28, 2024 – Peshawar Medical College celebrated the outstanding academic achievements of its MBBS 1st Year students by awarding prizes to the top position holders in the recently concluded examinations.

Wareesha Rani secured the 1st position, Muneeba Arif grabbed 2nd place, while the 3rd position was shared by Arooba Nasir Khan, Musfirah Khan, and Fahad Jehanzeb. The awards were distributed by Prof. Dr. Jehanzaib Khan. The event was graced by Prof. Dr. Mohammad Aman Khan, Principal of Peshawar Medical College.

The ceremony highlighted the institution's dedication to fostering a culture of academic excellence and motivation among its students.



PDC Honors Top Achievers in Dental Professional Exams

Feb. 20, 2024-Peshawar Dental College (PDC) held a ceremony, to honor students excelling in the 2nd and 3rd dental professional exams. Top achievers included Mahrukh Arif, Nazia Karim, Fatima Hassan, and Javaria Habib (3rd year), while Saba, Warda, and Maheen Asif Jamal excelled in the 1st year. Principal Prof. Dr. Mohammad Raza and faculty awarded prizes. Inspiring speeches by Col (R) Akbar and Prof. Dr. Shahab praised students' dedication. The event celebrated academic excellence, encouraging students to strive for success in dentistry.



Peshawar Dental College Celebrates BDS Students' Advancement to Third Year

Peshawar, March 19, 2025 – Peshawar Dental College held a prize distribution ceremony to honor students advancing to their third year of the Bachelor of Dental Surgery (BDS) program. This event marked a significant academic milestone as students transition from foundational studies to clinical training.

During the ceremony, top-performing students were recognized for their exceptional academic achievements:

First Position: Husna Rahman

Second Position: Sania Zaeem

Third Position: Hajra Fazal

Awards were presented by esteemed faculty members, including

Prof. Dr. Hasham Khan, Vice Principal of Peshawar Dental College

Prof. Dr. Qazi Javed, Senior Faculty Member and

Col. (R) Akbar, Administrator of Peshawar Dental College. The Peshawar Dental College community looks forward to the continued success of these promising future dentists.



Quality Control Committee Conducts Inspection at Prime Teaching Hospital

March 19, 2025— Dr. Maqsoos Khan, Chairman of the Quality Control Committee, along with committee members Dr. Luqman and Engr. Junaidur Rehman, conducted a comprehensive inspection of Prime Teaching Hospital. The visit aimed to assess the hospital's compliance with quality standards and ensure optimal patient care services.

The inspection involved a thorough physical assessment of the hospital premises, including operational facilities, medical equipment, and safety protocols. Additionally, the committee reviewed official documents and standard operating procedures (SOPs) to evaluate compliance with regulatory requirements.

The Quality Control Committee emphasized the importance of maintaining high healthcare standards and pledged continued efforts to enhance patient safety and service efficiency.



KP Healthcare Commission Conducts Surprise Visit to Mercy Teaching Hospital

Peshawar, March 18, 2025 – A team from the Khyber Pakhtunkhwa (KP) Healthcare Commission conducted a surprise visit to Mercy Teaching Hospital to assess the quality of healthcare services and compliance with medical standards.

During the visit, the team inspected various departments, including the Pediatrics Ward, Male Wards, X-ray Department and the hospital's Waste Management System. The team members meticulously evaluated the hospital's facilities, patient care protocols, and hygiene standards.

The visiting officials expressed their appreciation for the overall management and operational standards maintained at Mercy Teaching Hospital. They also provided valuable guidance to the concerned authorities, suggesting further improvements to enhance patient care and hospital efficiency.



Kuwait Teaching Hospital Honors Healthcare Excellence

January 1, 2025 – The Certificate Distribution Ceremony 2024 at Kuwait Teaching Hospital (KTH) celebrated excellence in healthcare service and dedication. Dean of Peshawar Medical College, Prof. Dr. Hafeez ur Rahman and Medical Superintendent KTH, Dr. Abdul Aziz Zia, emphasized the importance of teamwork. Certificates were awarded to CPC presenters, Health Care Commission focal persons and outstanding staff members in recognition of their contributions. Dr. Muhammad Usman also shared the impact of Alkhidmat's successful cataract surgery initiatives



Laboratory Upgraded at Kuwait Teaching Hospital

Peshawar, January 24, 2024 – The laboratory at Kuwait Teaching Hospital (KTH) witnessed a significant



enhancement in its diagnostic capabilities with the installation of the latest equipment on Friday. The upgradation was inaugurated by Prof. Dr. Fozia Rauf, Head of the Pathology Department at Peshawar Medical College (PMC).

The event was attended by Dr. Abdul Aziz Zia, Medical Superintendent of KTH, alongside an esteemed panel of PMC

pathologists, including Prof. Dr. Ashraf, Dr. Ambareen, Dr. Hala Rajab, Dr. Shabina and Dr. Sumaira and laboratory Manger, Ijaz ulhaq. Technical staff members of Kuwait Teaching Hospital were also present to mark the occasion. The upgraded laboratory now offers enhanced diagnostic precision, faster processing times, and expanded testing capabilities.



PTH Organizes Free Health Camp

Peshawar, February 19, 2025 – Prime Teaching Hospital, Peshawar, organized a Free Health Check-Up Camp to raise awareness about heart health and breast cancer. The initiative aimed to promote early diagnosis and prevention, reinforcing the hospital's commitment to community health and well-being.

A team of experienced specialists, including Dr. Rahid Ullah (Senior Registrar, Cardiology) and Dr. Zaini Azam (Senior Registrar, Breast & General Surgery), provided free medical consultations to attendees. The camp featured a range of complimentary healthcare services, ensuring accessible medical care for all. The health camp provided an invaluable opportunity for early detection and prevention, emphasizing the importance of timely medical intervention.



PMC & FIMA Organize Retina Surgery Camp in Somalia

April 18, 2025-Peshawar Medical College (PMC), in collaboration with the Federation of Islamic Medical Associations (FIMA), conducted the first-ever Retina Surgery Camp in Somalia to address the region's critical need for specialized eye care. A two-member PMC team—Prof. Dr. Mir Ali Shah and Dr. Muhammad Usman—led the week-long camp at Al-Ihsan Specialist Hospital, Mogadishu, from April 12 to 18, 2025.

The team performed 36 advanced vitreo-retinal surgeries and provided OPD consultations and laser procedures. The mission not only restored vision but also helped strengthen local retinal care services.



Riphah University Peshawar Campus Officially Notified



April 11, 2025 - The Peshawar Campus of Riphah International University has officially been notified by the Higher Education Commission (HEC) and the Higher Education Regulatory Authority (HERA), Khyber Pakhtunkhwa. With this landmark achievement, Peshawar Medical College (PMC) and Peshawar Dental College (PDC) are now recognized as integral parts

of the Riphah university's Peshawar Campus. This milestone paves the way for launching a wide range of undergraduate and postgraduate programs across health sciences, social sciences, and other disciplines.

VC Riphah Uni. Urges to Strengthen Academic Vision

Peshawar, April 22, 2025 –Prof. Dr. Anis Ahmad, Vice Chancellor of Riphah International University, Islamabad held an introductory meeting with the faculty members of the Peshawar campus. The session marked a significant step toward strengthening academic ties and reinforcing the university's mission of providing value-based education in the region.



including Professor Dr. Najibul Haq, Patron of Prime Foundation, Professor Dr. Zahoor Ahmad Swati, Director of Riphah Peshawar Campus, and Professor Dr. Hafeez ur Rehman, Dean of Peshawar Medical College.

During the meeting, Professor Dr. Anis Ahmad emphasized the importance of ethical education and academic excellence.

The event was graced by several distinguished dignitaries



**Community
Services**

Social Welfare Society Concludes Second Phase of Ramadan Ration Drive 2025

Peshawar, March 23, 2025 - The Social Welfare Society (SWS) of Peshawar Medical College (PMC) has successfully concluded the second phase of its Ramadan Ration Drive 2025, providing essential support to 340 families in need. This initiative, organized in collaboration with the Hayya Alal Falah Organization, has benefited a total of 731 families in two phases, thanks to generous contributions.

The Ramadan Ration Drive is an annual charitable endeavor by the Social Welfare Society, dedicated to ensuring that underprivileged families have access to basic necessities during the holy month of Ramadan. The drive was made possible through the dedicated efforts of PMC students and faculty members, who actively participated in fundraising and distribution.

The distribution of rations took place across various locations, ensuring that families in marginalized communities received timely assistance. The society remains committed to expanding its efforts to even more families in need in the future.





پشاور کی خبریں

علاج اور تشخیص، اینڈوسکوپک اور الٹراساؤنڈ کا استعمال کو ناگزیر قرار

پرائم ٹیچنگ ہسپتال کے شعبہ آنت و معدہ کے زیر اہتمام صوبے کا پہلا عالمی اینڈوسکوپک الٹراساؤنڈ سیمپوزیم قومی و عالمی ماہرین معدہ و آنت کی شرکت، افراد کاری تربیت اور سہولیات کے فروغ کیلئے تجاویز پیش

پشاور (آج نیوز) معدہ و آنت کے طبی اہرین نے اظہار خیال کر رہے تھے۔ سچو زہم میں قومی اور یونیورسٹی ہسپتال، اور ڈاکٹر شہزاد امیر، برطانیہ نے علاج اور تشخیص کے معیار کو بہتر بنانے کیلئے بین الاقوامی ماہرین معدہ و آنت نے شرکت کی۔ سیدویم میں گفتگو کی۔ ماہرین انڈوسکوپک الٹراساؤنڈ اور الٹراساؤنڈ کے جدید تکنیک کے ڈاکٹر معاذ بن بادشاہ، شفا انٹرنیشنل ہسپتال، سہولیات سے بہتر استفادے کیلئے افراد کاری استعمال کو ناگزیر قرار دیا ہے۔ ماہرین پرائم ٹیچنگ ڈاکٹر کرسٹوفر بال، برطانیہ، ڈاکٹر محمد صالح، ڈاکٹر تربیت، معیار کی بہتری اور سہولیات کے فروغ ہسپتال، پشاور میڈیکل کالج کے شعبہ معدہ و آنت ڈاکٹر بلند، ڈاکٹر سلسلہ شفیق، شفا انٹرنیشنل ہسپتال، کیلئے تجاویز پیش کیں۔ ڈاکٹر ارباب محمد کاشف کے زیر اہتمام صوبے کے پہلے عالمی اینڈوسکوپک الٹراساؤنڈ سیمپوزیم، 16 فروری 2025ء، پشاور، کیلئے تجاویز پیش کیے۔

پشاور، پہلے عالمی اینڈوسکوپک الٹراساؤنڈ سیمپوزیم میں شرکت، ماہرین کا گروپ فوٹو

DAILY MASHRIQ PESHAWAR

روزنامہ مشرق

مسلسل اشاعت کے 58 سال

پرائم ٹیچنگ ہسپتال، پہلے انڈو پرائم سیمپوزیم کا انعقاد

پشاور (شرق نیوز) پرائم ٹیچنگ ہسپتال میڈیکل کالج شعبہ معدہ و آنت کے زیر اہتمام صوبے کے پہلے عالمی اینڈوسکوپک الٹراساؤنڈ سیمپوزیم، 16 فروری 2025ء کا انعقاد کیا گیا، ڈاکٹر معاذ بن بادشاہ، ڈاکٹر کرسٹوفر بال اور دیگر ماہرین نے علاج اور تشخیص کے معیار کو بہتر بنانے کیلئے اینڈوسکوپک اور الٹراساؤنڈ کی جدید تکنیک کے استعمال کو ناگزیر قرار دیا، ماہرین نے تجاویز پیش کیں۔

The Daily JIDDAT

اتوار 16 فروری 2025

ENDO PRIME 25 SYMPOSIUM

پشاور، پہلے انڈو پرائم سیمپوزیم اختتام پذیر

پشاور (جیت نیوز) معدہ و آنت کے طبی اہرین تکنیک کے استعمال کو ناگزیر قرار دیا ہے۔

نہ علاج اور تشخیص کے معیار کو بہتر بنانے کے ماہرین پرائم ٹیچنگ ہسپتال، پشاور میڈیکل کالج نے اینڈوسکوپک اور الٹراساؤنڈ کے جدید کے شعبہ معدہ و آنت (باقی صفحہ 7 تبصرہ نمبر 5)

First-ever Endoscopic Ultrasound Symposium concluded

F.P. Report

PESHAWAR: The first-ever Endoscopic Ultrasound (EUS) Symposium in Khyber Pakhtunkhwa successfully concluded at Prime Teaching Hospital, Peshawar. Organized by the Gastroenterology Department of Peshawar Medical College, the symposium brought together national and international experts to discuss the latest advancements in EUS technology and its applications in modern medical

practice.

The event featured distinguished gastroenterologists, including Dr. Maaz Bin Badshah (Shifa International Hospital), Dr. Christopher Ball (United Kingdom), Dr. Muslim Atiq (Shifa International Hospital), Dr. (R) Amjad Salamati, Dr. Muhammad Imran (Pakistan Kidney and Liver Institute, PKLI), Dr. Adeel ur Rehman (Aga Khan University Hospital), Dr. Bakht Baland, Dr. Nouman Khan and Dr. Shehzad Amir (UK).

Additionally, Dr. Arbab Muhammad Kashif Khan, Dr. Mian Shah Yousaf, and Dr. Noman Khan from the Department of Gastroenterology at Prime Teaching Hospital played a crucial role in organizing the symposium.

The symposium aimed to enhance healthcare professionals' expertise through expert lectures, live demonstrations, and hands-on training sessions. Renowned specialists emphasized the importance of incorporating advanced

endoscopic techniques into routine clinical practice to improve patient outcomes. Interactive sessions provided attendees with practical exposure to EUS, enhancing diagnostic accuracy and promoting minimally invasive procedures.

Speakers stressed the need for the optimal utilization of available endoultrasonic services in the country and called for increased training opportunities to enhance the diagnostic and therapeutic capabilities of healthcare

Endo Prime Symposium 2025 concludes in Peshawar

STAFF REPORT

PESHAWAR: The first-ever Endoscopic Ultrasound (EUS) Symposium in Khyber Pakhtunkhwa (KP) successfully concluded at Prime Teaching Hospital, Peshawar. Organized by the Gastroenterology Department of Peshawar Medical College, the symposium brought together national and international experts to discuss the latest advancements in EUS technology and its applications in modern medical practice.

A group photograph of approximately 20 individuals, including men and women of various ages, standing in two rows. They are dressed in formal attire. The background features a banner with the text "UMR CONFERENCE 2025" and "INTERNATIONAL RESEARCH CONFERENCE AND PAPER".

پشاور (شاف رپورٹر) 18 ویں بین الاقوامی نگر گبیوٹ میڈیکل ریسرچ کانفرنس 2024ء پشاور میڈیکل کالج میں اختتام پذیر ہوئی کانفرنس میں پاکستان اور بیرون ممالک سے نوجوان محققین نے شرکت کی، اپنی تحقیقی کامیابیوں پر پیش کیں اور کامیابی کیلئے ریکارڈ قائم

روزنامہ 2 24 اپریل 2025ء پشاور



پشاور میڈیکل کالج میں 18 ویں انٹرنیشنل انڈرگریجویٹ میڈیکل ریسرچ کانفرنس سے مقرر خطاب کر رہے ہیں

پشاور میڈیکل کالج میں عالمی ریسرچ کانفرنس کا آغاز

علمی مقابلوں اور ورکشاپس سمیت محققین اپنے مقالہ جات پیش کریں گے

گی، ہوسے زائد محققین اپنے مقالہ جات پیش کر بیٹے۔ مہمان خصوصی رفقاء یونیورسٹی کی سی سی پی او ڈاکٹر انیس احمد تھے۔ پروفیسر ڈاکٹر ذوالفقار اے بھدسمیت دیگر مقررین نے طلبہ کی تحقیق کی اہمیت اور صحت کے نظام میں اس کے مثبت اثرات پر روشنی ڈالی۔

پشاور (شرق نیوز) پشاور میڈیکل کالج میں 18 ویں انٹرنیشنل انڈرگریجویٹ میڈیکل ریسرچ کانفرنس کا باضابطہ آغاز ہو گیا، پاکستان اور بیرون ملک سے نو جوان محققین اپنی تحقیقات پیش کرنے کے علاوہ خیالات کا تبادلہ کر چکے، علمی مقابلے اور دور کشائش بھی منعقد کی جائیں



قائد یونیورسٹی کے وائس چانسلر پروفیسر ڈاکٹر انیس احمد پٹواریہ میڈیکل کالج میں عالی ریسرچ کانفرنس سے خطاب کر رہے ہیں

پشاور میڈیکل کالج میں عالمی یسرچ کا نفرنس شروع

افتتاحی تقریب کے مہمان خصوصی وی سی رفاہ یونیورسٹی پروفیسر انیس احمد تھے

علی مقابلہ اور درکار کا یہ سبھی حصہ لکھ سوسے زامہ تحقیق اپنے مقالہ جات پیش کر کے اپنی تحقیق کے یہاں خصوصی فائدہ یونورسٹی کے وی بی پیوڈیفر ڈاکٹر انیس اٹھ اسی کے بعد یونورسٹی کے وی بی پیوڈیفر (بانی فسطح ۸۳) کے



پشاور میڈیکل کالج، 18 ویں ریسرچ کانفرنس اختتام پذیر

نوجوان محققین کے نئے ریکارڈز، مقصد طبی تحقیق کیلئے سازگار ماحول کا فروغ تھا

آفریدی مہمانان خصوصی تھے، پروفیسر ڈاکٹر ظفر مرزا، ڈاکٹر ناصر شاہ، پروفیسر ڈاکٹر کبیر اے سواتی، ڈاکٹر اہل رجب اور حوزہ قاریوں نے انتظامی تقریب سے خطاب کیا۔ یاقاؤنس کا مقصد علمی تحقیق کیلئے ساگار ماحول کو فروغ دینا تھا، مدیران نے نوجوانوں میں کیمیا کی اہمیت پر مزور دیا اور سمجھ سے بیرون تھے۔ جلد امتحان کے رجحانات کو پانے کی ضرورت پر روشنی ڈالی۔

Medical moot today

Bureau report

PESHAWAR: The Peshawar Medical College is set to host the 18th International Undergraduate Medical Research (UMR) Conference on April 22-23, under the theme "United for Health: Research, Policy and Practice."

A press release said the event aims to bring together undergraduate researchers from across Pakistan and abroad to showcase their work exchange ideas.

The Voice of the Time Thursday
April 24, 2025
Shawwal 25, 1446 A.H.
Peshawar

DAILY TIMES

18th Int'I UMR moot 2025 concludes at PMC

TIMES REPORT

PESHAWAR: The 18th International Undergraduate Medical Research (UMR) Conference concluded at Peshawar Medical College with a strong call to integrate research with practice in healthcare. Held under the theme "United for Health: Research, Policy and Practice," the conference brought together undergraduate med-



ical researchers from across Pakistan and abroad for academic exchange, innovation, and inspiration.

The event provided a vibrant platform for students to present research, engage in dialogue, and compete in workshops and contests aimed at promoting evidence-based medical education. Top positions were secured by students of various institutions in different categories contest.

HOME LATEST PAKISTAN BUSINESS OPINION



Published 22 Apr, 2025 05:20am

Conference on medical research begins today

APP

PESHAWAR: The two-day 18th International Undergraduate Medical Research Conference is going to start here on Tuesday under the theme 'united for health: research, policy and practice'.

Peshawar Medical College is hosting the event, which aims to bring together undergraduate researchers from across Pakistan and abroad to showcase their work, exchange ideas, and

The Province

Thursday April 24, 2025 | Peshawar | Volume: 25 | Issue: 84 | Pages: 8 | Price: 20

18th International UMR Conference 2025 concludes at PMC

STAFF REPORT

PESHAWAR: The 18th International Undergraduate Medical Research (UMR) Conference concluded at Peshawar Medical College with a strong call to integrate research with practice in healthcare. Held under the theme "United for Health: Research, Policy and Practice," the conference brought together undergraduate medical researchers from across Pakistan and abroad for academic exchange, innovation, and inspiration.

The event provided a vibrant platform for students to present research, engage in dialogue, and compete in workshops and contests aimed at promoting evidence-based medical education. Top positions were secured by students of various institutions in different categories contest.

The closing ceremony was attended by notable guests, including Chief Guest Capt. (R) Kamran Afridi, Secretary, Higher Education Department, Khyber Pakhtunkhwa; Prof. Dr. Zafar Mirza, Shifa Tameer-e-Millat University; Dr. Nasir



Shah, DG, HEC; Prof. Dr. Zahoor A. Swati, Director Riphah Peshawar campus; Dr. Hala Rajah, Director UMR; and Hamza Farooq, President UMR Society.

Speakers emphasized the importance of fostering a strong research culture among youth and highlighted innovation as key to healthcare advancement. The event concluded with an award ceremony and reaffirmed PMC's commitment to nurturing

future leaders in health research and policy.

The conference concluded with an award distribution ceremony recognizing the outstanding achievements of participating students. The event reaffirmed Peshawar Medical College's ongoing commitment to excellence in medical research and its dedication to empowering the next generation of healthcare professionals.